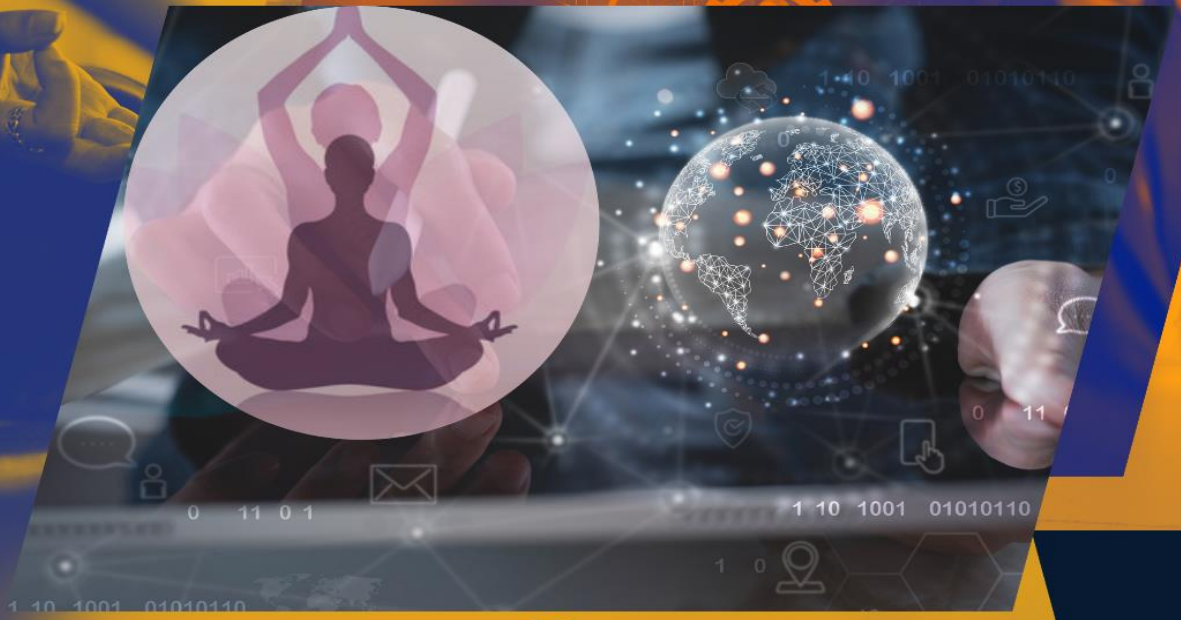




National Workshop on Research Methodology

11th to 21st September, 2023



Sponsored by

Inter-University Centre for Yogic Sciences, Bangaluru

Organized by

Department of Yogic Science

Gurukula Kangri (Deemed to be University), Haridwar

About the Gurukula Kangri (Deemed to be University) & Department of Yogic Science:

Gurukula Kangri University was founded on March 4, 1902 by Swami Shraddhanandaji with the sole aim to revive the ancient Indian Gurukula System of education, on the bank of river Ganges near Haridwar. This institution was established with the objective of providing an indigenous alternative to Lord Macaulay's education policy by imparting education in the areas of Vedic Literature, Indian Philosophy, Yogic Science, Indian Culture, Modern Sciences and Research. In 1984, another milestone was erected in the Faculty of Oriental studies by establishing the Department of Yoga to propagate the ancient Indian culture and science in India and abroad. The department of Yoga came in to existence in 1984 by the starting of 4 months Diploma in Yoga under the expert guidance of Dr. Ishwar Bhardwaj. Yoga department of this university has been a premier institution to start with Yoga as elective subject at graduation level in 1990; MA/M.Sc. in Yoga in 1992 and Ph.D. program in Yoga in 1996 in India & abroad. In order to strengthen this department, the proposal of setting up of the Dept. of Human Consciousness and Yogic Science was sent to UGC and got approval vide UGC letter no. F-16/2001(PES) dated 29th March, 2001 and department was established as Human Consciousness and Yogic Science in 2002. Presently the name of department has been changed from department of Human Consciousness and Yogic Science to Department of Yogic Science wide UGC approval Letter No M.I.S.8-6/2018 (DU) dated 1 Feb, 2019.

About the Workshop on Research Methodology

Research Methodology plays an important role in designing the process of research and outcomes. Research Methodology is the central and most crucial component, element for carrying out any research endeavor in yogic science, its allied disciplines, and interdisciplinary areas. It is need of today to introduce research scholars about varied qualitative and quantitative aspects of research which a research student comes across during conducting research. Researchers face problems in identifying research problems, scientific writing, identifying suitable research methods, statistical analysis, article writing, and referencing.

Since we know that yoga is everlasting discipline which has rich source of interdisciplinary knowledge and research is a process that plays a crucial role in advancement of knowledge. Yogic science fits into many subject areas such as medical science, social science, management, art & humanities, psychology, philosophy, and public health. Although yoga has a vast knowledge field, there is a lack of interdisciplinary research in this field, leading to poor skills in research students, researchers, and teachers. To sustain the vast knowledge of yogic science, given by the great yogis. It becomes very important to introduce experiential workshop on research methodology. Therefore, in recognition of the need for reorienting and upgrading the research skills of research students of yogic science and social sciences, Department of Yogic Science, Gurukula Kangri (Deemed to be University), Haridwar, is organizing a Ten-Day National Workshop on Research Methodology.



Objectives of Workshop

- To familiarize participants with the fundamental principles and concepts of research methodology.
- To enable the participants of defining research problem and developing innovative approaches to conduct research.
- To provide participants with an understanding of different research designs and their applicability to various research problems.
- To impart capabilities for formulation of research questions and hypotheses based on nature of research.
- To introduce participants to various data collection methods, including surveys, interviews, and observation.
- To train participants in data analysis techniques, both qualitative and quantitative, using appropriate statistical packages.

Important Information

- Target Group:** Students, Research Scholars, & Teaching Faculties of Universities and Colleges of India.
- No. of Seats available for Participants: 45**
- Selection criteria: first come & first serve basis**
- Registration:**
 - For Student/Research Scholars: Rs. 2000/-**
 - For Faculty: Rs. 3,000**

Note: Registration fee Include: Workshop kit, Participation Certificate, Tea and Lunch only (Excluding Accommodation). Accommodation can be availed on request. AC/Non-AC, shared accommodation will be provided on first come first serve basis only after registration based on availability. (7 Days advance information is necessary)

Last Date of Registration: 25th August, 2023

Registration Link: <https://forms.gle/M9jSiK8MeTkQNn466>

- Please Contact before Registration & any other related Query:**
- Mobile No.:** 8439353407, 9897173154
- Email ID:** udham.singh@gkv.ac.in



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