

Orientation Training Programme

(OTP) on Yoga

For
AYUSH Doctors

20 to 25 March, 2023



Sponsored by

Ministry of AYUSH Govt. of India



Organized by

Department of Yogic Science

Gurukula Kangri (Deemed to be University), Haridwar

About the Gurukula Kangri (Deemed to be University) & Department of Yogic Science:

Gurukula Kangri University was founded on March 4, 1902 by Swami Shraddhanandaji with the sole aim to revive the ancient Indian Gurukula System of education, on the bank of river Ganges near Haridwar. This institution was established with the objective of providing an indigenous alternative to Lord Macaulay's education policy by imparting education in the areas of Vedic Literature, Indian Philosophy, Yogic Science, Indian Culture, Modern Sciences and Research. In 1984, another milestone was erected in the Faculty of Oriental studies by establishing the Department of Yoga to propagate the ancient Indian culture and science in India and abroad. The department of Yoga came in to existence in 1984 by the starting of 4 months Diploma in Yoga under the expert guidance of Dr. Ishwar Bhardwaj. Yoga department of this university has been a premier institution to start with Yoga as elective subject at graduation level in 1990; MA/M.Sc. in Yoga in 1992 and Ph.D. program in Yoga in 1996 in India & abroad. In order to strengthen this department, the proposal of setting up of the Dept. of Human Consciousness and Yogic Science was sent to UGC and got approval vide UGC letter no. F-16/2001(PES) dated 29th March, 2001 and department was established as Human Consciousness and Yogic Science in 2002. Presently the name of department has been changed from department of Human Consciousness and Yogic Science to Department of Yogic Science vide UGC approval Letter No MI.S.8-6/2018 (DU) dated 1 Feb, 2019.

About the O

The department of yogic science, Gurukula Kangri (Deemed to be University), Haridwar organizing 6-days orientation training program (OTP) program on Yoga for AYUSH doctors from 20th March 2023 to 25th March 2023. In this program, the AYUSH professionals will be called for their participation. They would gain rich insights of yoga therapy which they can integrate it while providing consultation to patients. The program is aimed at developing yoga therapy skills among AYUSH doctors so they can use those skills as add on treatment therapy along with Ayurveda, Homeopathy & Siddha treatment. We are inviting applications from AYUSH professionals for their active participation. The detail of program is following.

Objectives of OTP

- To encourage AYUSH Doctors to undergo need-based professional orientation and professional skill development in an organized manner.
- To develop clarity and a better understanding of yogic concepts and principles of the subject based on objectivity.
- To update regarding current trends in yoga therapy and related concepts to strengthen the AYUSH systems and to highlight the areas of yoga therapy
- To give trainees practical based training with the best experience by the Yoga experts and professionals.



Highlights of the programs:

- Philosophical and Theoretical background of Yoga
- Yoga therapy
- Clinical evidence of Yogic practices
- Yogic management of various diseases
- Yogic Management of Psychological problems
- Spiritual counseling
- Yoga and Ayurveda
- Advance Yoga practices



Eligibility Criteria of Participation

- AYUSH Doctors (Ayurveda, Siddha, Unani and Homeopathy) working in any research institute/college/council/Hospitals.
- Those who have already attended two OTP/CME programs of AYUSH in a year need not apply.
- Trainee who have attended less number of OTP/CME
- Trainee on the basis of seniority in service.

Payment of TA

- Fare will be reimbursed only at the end of the programme and subject to eligibility limited maximum up to 2 Tier A.C. Rail fare as per the laid down conditions and principles. Production of original tickets as per the instruction of Ayurgyan Scheme, Ministry of AYUSH is mandatory.
- Please note that TATKAL or Dynamic pricing train tickets will not be reimbursed.
- Arrangements for accommodation, food will be provided by the institute during the OTP period.
- Payments will be made directly to the bank account by electronic transfer.

Important Note:

The application forms should be duly filled by the candidate and forwarded by Head of the College/institute/University. Application forms should reach to the program coordinator on or before 15 March, 2023 however the candidate may send their application through e-mail at udhamgkv@gmail.com to the organizing Secretary as an advance copy but their candidature will be considered after receiving the properly filled application form (Hard copy) and forwarded by the Head of the institute/college. After completion of the training program the participants will be reimbursed with the actual fare (up to rail fare of AC 2 tier) on production of original ticket of onward journey and Xerox tickets of return Journey as per the instruction of Ministry of AYUSH, Govt. of India. The participants will be provided with moderate hospitality. For any information kindly contact to organizing Director and Secretary.

Contact Details:

Prof. Surendra Kumar

Director, Orientation Training Program

Mobile: 7300761306, Email: surendra.kumar@gkv.ac.in

Dr. Udham Singh

Organizing Secretary, Orientation Training Program

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Application Form
Orientation Training Program for AYUSH Doctors

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Dr. Surendra Kumar
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Gurukul a Kangri (Deemed to be University)
Haridwar
Mob. No: 7300761306
Email- surendra.kumar@gkv.ac.in

Paste
recent
passport
size
Photograph

Sir,

I hereby submit my application to participate in 6 Days ORIENTATION PROGRAM ON YOGA FOR AYUSH DOCTORS being organized by your Department from 20 to 25 March, 2023. My details are as follows,

(Please fill the form in Capital Letters)

1. Full Name :.....

(In Bolck Letters)

Designation:

Department:

Name of Institution

3.Date of Birth.....4. Gender : Male /Female.....

4. Educational Qualification (From Higher Degree to Lower)

S. No.	Name of Degree	Subject	University/Institution
1			
2			
3			

5. Registration No. (Please enclose a copy)

6. Adhar Number:

7. Experience: Years.....Months

8: Status: on Probation/Permanent:

Have you Participated in ROTP/CME this year or previous years? Yes/No if yes, Details of RoTP/CME should be completed by candidate:

S. No.	ROTP/CME	Organizing institute	Duration
1			
2			
3			
4			

12.Full Address for correspondence: (Office address with Telephone No. (STD) and Email ID

.....
.....

13. Residential Address.....

.....

Mobile No.....Email ID.....

Undertaking

"I..... undertake that the information provided by me is correct to be best of my knowledge and I have not concealed any relevant information. If the information provided by me is found false/inaccurate at any stage, I will be liable for disciplinary action (as the case may be) and recovery of funds spent against me if any."

Date:

(Signature of the Applicant)

Recommendation of the Head of the Institute

The application of Mr./Mrs/Ms._____ for 6 Days OTP is forwarded for consideration.

Signature of Head of the Institute with Seal

Note: Application will not be considered-

- 1) If the information given above is found incomplete in any respect.
- 2) if not recommended by the Head of the institute.