

Department. of Psychology

invites you All for

Free 10 Days WORKSHOP

ON

Personality Development

(For Female Candidates Only)

Date: 22-31 August, 2022

Time : 11 am -4 pm


Venue :: Kanya Gurukul Campus,
Dehradun

Organizer
Dr.Richa Saxena

Co-ordinator
Prof. Renu Shukla

Contact No.

9045423083, 7300761259





SCHEDULE

- 11– 12 Introduction
- 12 – 1 Skill Development Session
- 1 – 2 Lunch Break
- 2 – 3 Interactive Session
- 3 – 4 Mindfulness Session

CULTURAL EVENT

- Exhibition
 - Play
 - Yoga Presentation
 - Music and Dance Presentation
 - Self Composed Poetry
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ACTIVITIES

- English Speaking Classes
- Computer Skills
- Yoga Classes
- Music Classes
- Dance Classes
- Painting Classes

Resource Persons

All Faculty Members of KGC, Dehradun

