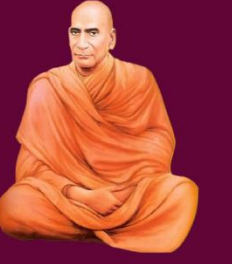


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*International Conference
on*

***Indian Traditional Yoga System
Theory and Practice***

***24th to 26th May, 2022
Rescheduled***

Mode: Hybrid

Sponsored by



Ministry of AYUSH, Govt. of India

Organized by

Department of Yogic Science

Gurukula Kangri (Deemed to be University) Haridwar

About the Gurukula Kangri (Deemed to be University) & Department of Yogic Science

Gurukula Kangri University was founded on March 4, 1902 by **Swami Shraddhanand ji** with the sole aim to revive the ancient Indian Gurukula System of education, on the bank of river Ganges near Haridwar. This institution was established with the objective of providing an indigenous alternative to Lord Macaulay's education policy by imparting education in the areas of Vedic Literature, Indian Philosophy, Yogic Science, Indian Culture, Modern Sciences and Research.

In 1984, another milestone was erected in the Faculty of Oriental studies by establishing the Department of Yoga to propagate the ancient Indian culture and science in India and abroad. The department of Yoga came in to existence in 1984 by the starting of 4 months Diploma in Yoga under the expert guidance of **Dr. Ishwar Bhardwaj**. Yoga department of this university has been a premier institution to start with Yoga as elective subject at graduation level in 1990; MA/M.Sc. in Yoga in 1992 and Ph.D. program in Yoga in 1996 in India & abroad. In order to strengthen this department, the proposal of setting up of the Dept. of Human Consciousness and Yogic Science was sent to UGC and got approval vide UGC letter no. F-16/2001(PES) dated 29th March, 2001 and department was established as Human Consciousness and Yogic Science in 2002. Presently the name of department has been changed from department of Human Consciousness and Yogic Science to Department of Yogic Science wide UGC approval Letter No M.S.8-6/2018 (DU) dated 1 Feb, 2019.

About the International Conference

Aim of the **Department of Yogic Science, Gurukula Kangri (Deemed-to-be University)** is to promote traditional yoga principles and practices. This is the central or prime theme of this international conference. **Gurukul Kangri (Deemed-to-be University)** is the place where yoga was introduced in the main stream of education and began the different yoga program. The university also preserves, protects and promotes the traditional yogic wisdom at a mass level. This conference will be a small attempt to promote the traditional yoga system (both theory and practice) through high quality research papers and eminence talks.

Yoga does not adhere to any particular religion, belief system or community; it has always been approached as a technology for inner wellbeing. Anyone who practices yoga with involvement can reap its benefits, irrespective of one's faith, ethnicity or culture. From the ancient culture of India to the present, a detailed contemplation has been done to enhance humanity, divinity in the people through Vedic wisdom. India is known all over the world for the origin and development of Yoga. The yoga tradition in India has been embodied as basic elements since the beginning of the development of culture and civilization. Various systems of yoga developed in Indian yoga traditions. The creation of yoga systems full of philosophical excellence and practical excellence is in constant flux. Yoga gives an introduction to the civilization and culture of India

Following Sub-Themes

History & Development

- History and origin of Yoga
- Historic evidences of Yoga
- Concept and nature of Yoga
- Yoga culture

Vedic scriptures and Indian philosophies

- Yoga in Vedic Traditions
- Yoga in the Brahman-Aranyaka Tradition
- Yoga in the Upanishads Tradition
- Yoga in the Philosophical Tradition (Orthodox)
- Yoga in the Mythological Tradition

Heterodox system of philosophy

- Yoga in Buddhist Philosophy
- Yoga in Jain Philosophy

Typology of yoga

- Jnana Yoga
- Bhakti Yoga
- Karma Yoga
- Hatha yoga
- Nada Yoga
- Any other related

Literature & manuscripts

- Yoga Manuscripts
- Yoga text books
- Life and message of contemporary yogis and Acharyas & their contribution

Yoga and integrated ancient science

- Yoga & Ayurveda
- Yoga & Tantra
- Yoga & Astrology
- Yoga and Naturopathy

Yoga and allied subject

- Yoga and Philosophy
- Yoga and Anatomy and Physiology
- Yoga and Sports
- Yoga and Management

Therapeutics and scientific aspects

- Yoga therapy
- Yoga and Immunity
- Yoga for Holistic Health
- Yoga and common ailments
- Yoga and psychiatric problems
- Scientific basis of yogic practices
- Effect of yoga on body and mind

Psychological and personality contexts

- Yoga and Cognition
- Yoga and Personality
- Yoga & Meta-cognition
- Yoga & Spirituality

Call for Abstract/Papers

Department of Yogic Science call academicians, research scholars, undergraduate and postgraduate students, scientists, practitioners from universities across the world. They are called to share their inter/trans disciplinary research findings (original article, experimental study, conceptual paper, review paper, perspective) in the conference

Publication

All presented abstracts will be published in the Conference Abstract Book, while the selected papers will be published in the as Conference proceedings in UGC-CARE list Journal.



Abstract/Paper submission guidelines

- An abstract of 200-250 words with 1.5 line spacing in MS word should be emailed to **udham.singh@gkv.ac.in**
- Submit your paper via email to **udham.singh@gkv.ac.in** till 10th May, 2022. Papers will be selected through the peer review process and may be considered for publication in reputed journal after the conference is over.
- Abstract/paper can be submitted and presented in both English and Hindi languages. Please see instructions for full paper submission.
- High quality papers describing unpublished work on the areas and topics mentioned above. Submission of paper should not be under consideration for publication anywhere.

Contents	Required action
Reference style	APA style-7 th edition
Hindi research paper	Kurti Dev 010, font size 14 & Unicode Font Kokila font size 14
English research paper	Time New Roman, font size 12
MS word size	A4 size with 2.54 cm
Page margins	2.54 cm each side
Spacing	1.5-line space
First page	Includes title of paper, author(s) names
Author(s) details with *corresponding author	Name: Designation, Department, Institution, Contact number, e-mail
Length of paper	3000-4000 words excluding abstract
Paper types	Randomized controlled trials Review papers (brief review, systematic review, overview) Conceptual paper, theoretical perspective

Important Dates

- Abstract submission : Till 25th April, 2022
- Full paper submission : Till 10th May, 2022
(After abstract acceptance)
- Notification due of Paper Acceptance : 15th May, 2022

Type of Delegates		Before 10 th May, 2022	Spot Registration
Local	Teachers and Professionals	1,000/ with Lunch & Kit	1,500/ with Lunch & Kit
	Students/ Research Scholars	500/ with Lunch & Kit	800/ with Lunch & Kit
Out station	Teachers and Professionals	1,500/ with Lodging, Boarding & Kit	2,000/ with Lodging, Boarding & Kit
	Students/ Research Scholar	800/ with Lodging, Boarding & Kit	1,200/ with Lodging, Boarding & Kit
Foreign Delegates	Teachers and Professionals	100 USD with Kit & Certificate	150 USD with Kit & Certificate
	Students/ Research Scholars	90 USD with Kit & Certificate	110USD with Kit & Certificate

Important Details

- Registration link for conference : <https://forms.gle/Hm5fhYPXq8sdGesf8>
- While registering at the conference, you can choose the mode whether you will attend online or offline. For virtual conference, participants will receive link on their registered mail.
- Choose accommodation on your own or contact organizing committee for information.
- Below the bank account to pay the conference fees after online payment, please upload a copy of payment receipt during registration
- If any query please contact: 8439353407, 9897173154

Bank Details:

- Name of Account Holder: **Registrar, Gurukula Kangri Sam Vishwavidyalaya, Haridwar**
- Name of Bank- **Punjab National Bank**
- Branch Name & Address: **Gurukula Kangri, Haridwar**
- Bank Account No.: **4063000100041261**
- IFSC Code No.: **PUNB0406300**





International Conference on



Indian Traditional Yoga System-Theory and Practice

24 to 26 May, 2022

Chief Patron



Dr. Satyapal Singh

Chancellor, Gurukula Kangri (Deemed to be University) Haridwar



Patron



Professor Roop Kishor Shastri

Vice-Chancellor, Gurukula Kangri (Deemed to be University) Haridwar



Administrative Advisers



Dr. Sunil Kumar

Registrar, Gurukula Kangri (Deemed to be University) Haridwar



Professor Vinod Kumar Singh

Finance officer, Gurukula Kangri (Deemed to be University) Haridwar



Director, International Conference



Professor Surendra Kumar

Dean, Faculty of Yoga and Physical Education

Head, Department of Yogic Science



Organizing Secretary, International Conference



Dr. Udham Singh

Assistant Professor, Department of Yogic Science