



National Webinar On

value based Yoga Education for Youth

(Special reference to reduce gender based violence (acid attack) by
developing positive attitude and moral values)

30 December, 2021

Sponsored by

**National Commission for Women
Govt. of India, New Delhi**



Organized by

**Department of Yogic Science
Gurukula Kangri (Deemed to be University), Haridwar**

About the Gurukula Kangri (Deemed to be University) & Department of Yogic Science

Gurukula Kangri University was founded on March 4, 1902 by Swami Shraddhanandaji with the sole aim to revive the ancient Indian Gurukula System of education, on the bank of river Ganges near Haridwar. This institution was established with the objective of providing an indigenous alternative to Lord Macaulay's education policy by imparting education in the areas of Vedic Literature, Indian Philosophy, Yogic Science, Indian Culture, Modern Sciences and Research.

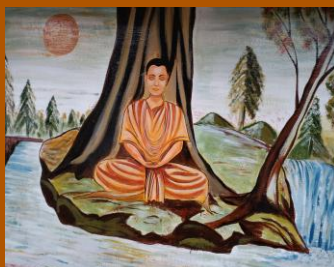
In 1984, another milestone was erected in the Faculty of Oriental studies by establishing the Department of Yoga to propagate the ancient Indian culture and science in India and abroad. The department of Yoga came in to existence in 1984 by the starting of 4 months Diploma in Yoga under the expert guidance of Dr. Ishwar Bhardwaj. Yoga department of this university has been a premier institution to start with Yoga as elective subject at graduation level in 1990; MA/M.Sc. in Yoga in 1992 and Ph.D. program in Yoga in 1996 in India & abroad. In order to strengthen this department, the proposal of setting up of the Dept. of Human Consciousness and Yogic Science was sent to UGC and got approval vide UGC letter no. F-16/2001(PES) dated 29th March, 2001 and department was established as Human Consciousness and Yogic Science in 2002. Presently the name of department has been changed from department of Human Consciousness and Yogic Science to Department of Yogic Science vide UGC approval Letter No MI.S.8-6/2018 (DU) dated 1 Feb, 2019.

About the Commission

The National Commission for Women was set up as statutory body in January 1992 under the National Commission for Women Act, 1990 (Act No. 20 of 1990 of Govt. of India) to :

- Review the Constitutional and Legal safeguards for women ;
- Recommend remedial legislative measures ;
- facilitate redressal of grievances and advise the Government on all policy matters affecting women.

In keeping with its mandate, the Commission initiated various steps to improve the status of women and worked for their economic empowerment during the year under report. The Commission completed its visits to all the States/UTs except Lakshdweep and prepared Gender Profiles to assess the status of women and their empowerment. It received a large number of complaints and acted suo-moto in several cases to provide speedy justice. It took up the issue of child marriage, sponsored legal awareness programmes, Parivarik Mahila Lok Adalats and reviewed laws such as Dowry Prohibition Act, 1961, PNDT Act 1994, Indian Penal Code 1860 and the National Commission for Women Act, 1990 to make them more stringent and effective. It organized workshops/consultations, constituted expert committees on economic empowerment of women, conducted workshops/seminars for gender awareness and took up publicity campaign against female foeticide, violence against women etc. in order to generate awareness in the society against these social evils. Here's what you will find in this section.



About The webinar

In recent times youths' mind became impure and infatuated due to non-inclusion of value education. Youths have been considered as propagator of acid attacks on women and girl. Therefore, the proposed webinar would be organized for the college and university going young students.

Objectives of webinar

The proposed webinar would be precious attempt to reduce the degree of gender based violence, acid attack in society. *The objectives of the webinar are as follows-*

- To develop pure mindset of youths towards female.
- To inculcate moral values within youths for reducing degree of violence against female.
- To develop one's awareness about ethical, cultural, social values and their importance.
- To turn violent mindset into moral mind of youths.
- To cultivate social discipline in college going students.
- To eradicate unorthodox thinking of youths about women and girls.

Who can join this Webinar?

- Faculties of University & College
- PhD Students
- PG Students
- UG Students

Important information:

- Certificate will be provided to participants attending webinar
- Registration link: <https://forms.gle/LuEwR18aMiVvmjmQ8>
- Mode: Hybrid (online & offline)
- Any other query please contact: 8439353407

Tentative Schedule Of National webinar On value based Yoga Education for Youth

- 10.30 to 11.00 AM - Inaugural Session
- 11.00 to 11.40 AM - Invited lecture
- 11.40 to 12.20 PM - Invited lecture
- 12.20 to 01.00 PM - Invited lecture
- 01.00 to 01.40 PM - Invited lecture
- 01.40 to 02.10 PM - Valedictory Session

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