



ANUJ KUMAR, M.P.Ed., M.Phil., NIS, Ph.D.

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Career Objective

To utilise my knowledge and skills for the holistic development of students and serve the institution with enthusiasm and commitment.

Educational Qualification

- Awarded degree of **Doctor of Philosophy in Physical Education according to regulation 2009** from **R.T.M.N.U, Nagpur**
- 2006-2007 **M.Phil** with specialisation in **Sports Sociology** from **A.P.S.U, Rewa (M.P.)** with Grade B+.
- 2003-04 **Diploma in Sports Coaching in Basketball** from **NSNIS, Patiala (P.B.)** with 62.28%.
- 2001-2003 **Master of Physical Education (M.P.Ed.)** with specialisation in **Basketball** from **University of Lucknow (U.P.)** with 55.7%.
- 1998- 99 **Bachelor of Physical Education (B.P.Ed.)** from **University of Lucknow (U.P.)** with 64.58%.
- 1993-96 **Bachelor of Science (Physical Education, Health Education and Sports)** from **C.C.S. U., Meerut (U.P.)** with 59.25%.
- 1992 **Intermediate Exam (U.P. Board)** from **Vidya Mandir Inter College, Sec-1, B.H.E.L., Haridwar (U.P.)** with 45.8%.
- 1990 **High school Exam (U.P. Board)** from **Vidya Mandir Inter College, Sec-5, B.H.E.L., Haridwar (U.P.)** with 45.16%.

Additional Professional Qualification

- **Thesis Taken (M.P.E. Final)** – Comparison of VO_2 max of university level Basketball and Football players.
- **Dissertation taken (M.Phil)** – Comparative effect of different heights of depth jump on the vertical jumping ability of Basketball players.
- **Area of Specialization in B.P.Ed.** –Yoga, Basketball.
- **Area of Specialization in M.P.Ed.** - Basketball.
- **Area of Specialization in M.Phil.** -Sports Sociology.
- **Advance Courses** - Yoga, Basketball, Volleyball, Gymnastic, Swimming Table-Tennis, Hockey, Badminton, Track & Fields, Football.
- **Specialist in Teaching** -Hoops, Vands, Pom-pom, Calisthenics Exercises, Mass Demonstration, Dum-bells, Lazim etc.
- **Area of Special Interest** - Research in Physical Education, Officiating and Coaching in Basketball.

Seminar/Conference/Workshop

- Paper presented (**Role of Yoga to reduce Coronary Artery Disease**) at **National Seminar** on Mental Health Challenges and Remedial Approaches Organised by Department of Psychology G.K.V., Haridwar (U.K.).
- Paper presented (**Participation of Girls in Physical activities and Sports**) at **International Conference** on Global Innovations Strategies and Policies in Physical Education and Sports Sciences Approaches Organised by Department of Physical Education and Sports G.K.V., Haridwar (U.K.).
- Paper presented (**21st Century and Application of Research in Sports in 21st Century**) at **International Symposium** on Global Trends of Physical Education and Sports Sciences Approaches Organised by N.C.P.E, Noida (U.P.).
- Paper presented (**Comparison of VO₂ max of university level Basketball and Football players**) at **4th National Conference** on Modern Trends and Directions of Physical Education and Sports Organised by Department of Physical Education and Sports G.K.V., Haridwar (U.K.).
- Attended **National Workshop** on Yoga and Alternative Therapies Organised by Department of Human Consciousness and Yogic Science G.K.V., Haridwar (U.K.).

Professional Experience

- Acted as a **Basket Ball Instructor** for the Summer Camps organized by **DPS, Sec-3, BHEL, Ranipur, Haridwar**.
- Coached the Ramjas School No.4 Delhi Basket Ball Team.
- Acted as a **Member of Selection Committee** for the different sports and games in GKV, Haridwar.
- Officiated Basketball matches at the North Zone (1) Inter DPS Meet (Boys) of **DPS, Sec-3, BHEL, Ranipur, Haridwar**.
- Officiated Athletic Meet at 8th State School Athletic Meet organized by Education Department, Uttarakhand under the aegis of S.G.F.I.

Sports Achievements

- Represented **50th Senior National Basketball Championship** in 1999-2000.
- Represented **48th Senior National Basketball Championship** in 1998.
- Represented **Basketball (All India) Interschool tournament** in 1998-99.
- Represented **40th U.P. State Basketball Championship** in 1998.

Job Experience

2008 to onwards, Asst. Professor in Physical Education G.K.V, Haridwar, (U.K.)

2005-2006 Physical Education Teacher and Basketball Coach in K.V.ONGC, Dehradun (U.K.)

REFERENCES:

1. Prof. RKS Dagar, Professor and Head, Phy. Edu. & Sport, GKV, Haridwar, 9837571466
2. **Dr. Ajay Malik**, Asst. Professor, G.K.V., Haridwar (U.K.) Cell: 09897238225
- 3- **Dr. Shiv Kumar Chauhan**, Asst. Prof. GKV, Haridwar, 8477944776
- 4- **Dr. Kapil Mishra**, Asst. Prof. GKV, Haridwar, 9412904900

Personal Details

Name : **Anuj Kumar**
Father's Name : Shri. Krishan Pal Singh
Mother's Name : Smt Nirmala Devi
Date of Birth : 18th Jan 1975
Nationality : Indian
Sex : Male
Marital Status : Married
Wife's Name : Mrs. Nidhi (House Wife)

Date:

Place:

(ANUJ KUMAR)