

**Occasion of International Day of Yoga Celebration**

***National level Essay competition***

***On***

***Yoga for Defence Personnel's***

**सुरक्षा बलों के लिए योग**



- First Prize Rs. 2,000, Memento & Certificate
- Second Prize Rs. 1500, Memento & Certificate
- Third Prize Rs. 1,000, Memento & Certificate

**Deadline for Submission of essay:**

• Essay – (Up to 2000 words) on or before 15 June, 2017

**Essay should be submitted under following guidelines**

• Hindi Language: Krutidev 10 font size 14 in MS WORD file

• English Language: Times New Roman font size 12 in MS WORD file

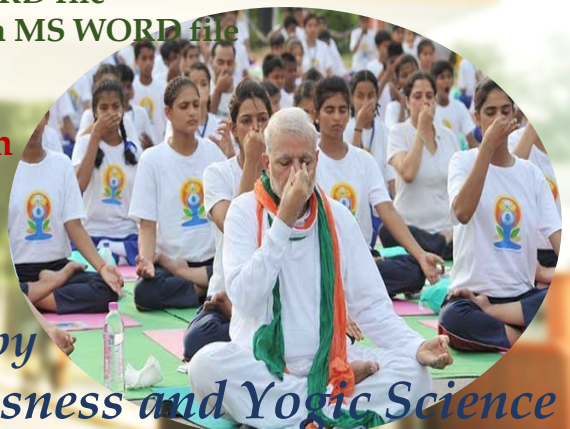
**Please send your essay in this email id:**

**[drib.gkvv@gmail.com](mailto:drib.gkvv@gmail.com), [udham.singh@gkv.ac.in](mailto:udham.singh@gkv.ac.in)**

**<https://www.facebook.com/GurukulaYoga>**

**[www.gkv.ac.in](http://www.gkv.ac.in)**

**Contact No. 9412025142, 8439353407**



***Organized by***

***Department of Human Consciousness and Yogic Science***

***Gurukula Kangri Vishwavidyalaya, Haridwar***