

# National Workshop On Research Methodology

12th to 22nd December, 2018



Organized by

Department of Yogic Science  
Faculty of Medical Science and Health  
Gurukul Kangri Vishwavidyalaya  
Haridwar

## About the University:

Gurukula Kangri University was founded by Swami Shradhanandaji with the sole aim to revive the ancient Indian Gurukula System of education, on the bank of river Ganges near Haridwar. This institution was established with the objective of providing an indigenous alternative to Lord Macaulay's education policy by imparting education in the areas of Vedic Literature, Indian Philosophy, Yogic Science, Indian Culture, Modern Sciences and Research. The university has adopted and promoted Yoga as a daily life style, value education and traditional culture for all its students in its Gurukula education system since its existence in 1902.

## About the Department:

This university has been well known for its high standards in the field of Oriental studies and Medical sciences and Health etc. In 1984, new milestone was erected by establishing the Department of Yoga to propagate the ancient Indian culture and science in India and abroad. The department of Yoga came into existence in 1984 by starting 4 months Diploma in Yoga under the expert guidance of Dr. Ishwar Bhardwaj. This was an important progressive step in the field of Oriental studies of this university. Yoga department of this university has been a premier institution to start with Yoga as elective subject at graduation level in 1990; MA/M.Sc. in Yoga in 1992 and Ph.D. program in Yoga in 1996 for yoga aspirants of India & abroad. In order to strengthen this department, the proposal of setting up of the Dept. of Human Consciousness and Yogic Science was sent to UGC and got approval vide UGC letter no. F-16/2001(PES) dated 29th March, 2001 and department was established as Human Consciousness and Yogic Science in 2002. The department has performed excellently to achieve the goal of propagation of ancient Indian yogic science among newly aspiring young generation of India for healthful utility in India and abroad. 42 students completed their research work and got Ph.D. degree till date. The department has been actively engaged in popularizing and spreading the knowledge of Yoga by sending its students to work in various cities of India and abroad, viz. U.S.A, Mauritius, Dubai, Thailand, Indonesia, UK, Malaysia, South Korea, Japan, Russia, and China etc. The Dept. has also been spreading its wings for Yoga training programs to propagate Yogic Culture of India by signing MOUs with various Yoga institutions at abroad like China, Spain etc.



## About the Workshop:

Recent advancements in research methodologies are the needs of the researchers for learning and understanding advance trends. The workshop aims to explore the basic dimension of research and the need for scholars to rethink the assumptions that underline historic paradigms of research in the field of allied subjects. The current workshop is an effort to enrich the Research scholars in Yoga, Social sciences and allied subjects on Research methodology. The Research methodology course for Ph.D. students is expected to cover the basics of Research methodology focusing on theoretical and practical inputs. Specifically, the formulation of Research problem, formulation of Research hypothesis and Testing of Hypothesis, preparing literature review, data collection methods, selection of appropriate parametric or non-parametric statistical methods for analysing data, and report writing. The present Workshop is an initiative organized by Department of yogic science.

## Objectives of the Workshop:

The objective of this 10 days' workshop on Research methodology is to help new researchers to achieve a basic understanding of Research as well as aid those who wish to take their knowledge of Research methodology further.

- To enable the participants, define research problem, developing an innovative approach to Research problem and selection of suitable Research design.
- To impart capabilities for formulation and testing of hypothesis based on the nature of research.
- To comprehend appropriateness of statistical software packages for analyzing research data.
- To enable the participants to understand report writing and research proposals.
- To make aware the participants about latest trends in any research discipline





## Organizing committee

### Patron

**Professor Vinod Kumar**

Vice Chancellor, Gurukula Kangri Vishwavidyalaya, Haridwar

### Advisor

**Dr. Dinesh Bhatt**

Registrar, Gurukula Kangri Vishwavidyalaya, Haridwar

### Workshop Chairman

**Prof. (Dr.) Ishwar Bhardwaj**

Dean, Student welfare

Dean, Faculty of Medical Science and Health Science

### Organizing Secretary

**Dr. Udham Singh**

Assistant professor

Department of Yogic Science

### Convener

**Dr. Rakesh Giri**

Associate Professor, Head

Department of Yogic Science

### Corresponding address

NWRM-2018, Organizing Secretary

Department of Yogic Science

Gurukula Kangri Vishwavidyalaya, Haridwar, 249404

Mobile No. 8439353407, udham.singh@gkv.ac.in

**Target Group:** Research scholars, Students/Teaching faculties of Universities and Colleges of India

### Registration Details:

For Research Scholars/Student- Rs. 1500/-

For Faculty Rs. 3000/-

**Registration fee include- Workshop kit, Participation certificate, tea, snacks and Lunch only (Excluding Accommodation)**

Accommodation can be availed on request

AC/Non-AC, shared accommodation will be provided on first come first serve basis only after registration according to availability. (7 days advance information is necessary)

**Last Date for Registration: December 05, 2018**

**Note:** The participants are requested to register by sending the dully filled registration form through e-mail along with their scan copy of DD or transaction number or pay in slip. Original Form and Payment Slip to be submitted at the spot before attending workshop.

**Payment by DDs:** DDs should be drawn in favour of "Registrar, Gurukula Kangri Vishwavidyalaya" payable at any branch in Haridwar, Uttarakhand, India.

### Payment by money transfer :

**Name of the beneficiary:** "Registrar, Gurukula Kangri Vishwavidyalaya"

**Name of the Bank:** Punjab National Bank

**Name of the Branch:** Gurukula Kangri, Haridwar

**Account No. :** 4063002100000240

**IFSC/RTGS:** PUNB0406300



## National Workshop

On

### Research Methodology

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(Please fill-up the form in Capital letters)

1. Prof./Dr./Mr./Ms./ : .....

2. Gender: Male /Female: .....

3. Institution/University.....

4. Designation:.....

5. Address (with postal code).....

6. Mob. No : .....E-mail : .....

7. I wish to have accommodation: (YES/NO) .....

8. Please tick appropriate

Registration Fee: Student 1500/-  Faculty 3000/-

9. Payment information

Please find enclosed herewith a DD/ Receipt No.:.....

Dated : .....For Rs. .... drawn in favor of

Registrar, Gurukula Kangri Vishwavidyalaya. Haridwar

Note: If you are registering as student please provide student ID.

Date : ..... (Signature of the Applicant)

Forwarding authority Sign and stamp